**Indoor Physical Activity Space Inventory**

**Directions for use:** Staff who lead recess at a school can use this indoor physical activity space inventory to examine and document all of the locations inside a school building that are suitable for physical activity. Record each location and list the potential activities that can be safely conducted in the existing space. When deciding on activities, be mindful of ceiling height, floor surface, existing windows, and safe activity that can take place in each location. Once you have charted the spaces, identify acceptable activity options for each space so that student choice is allowable when conducting indoor recess.

| **Name of Space or Classroom** | **Possible Physical Activities** | **Equipment Needed** |
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